



YMCA Camp Icaghowan

Counselor In Training (CIT) Program Information

Program Eligibility: 11th and 12th grade, Ages 16-17

Program Fee: \$1285

Program Length: 3 Weeks

Dates: Sessions 3/4/5: July 8-26 Sessions 6/7/8: July 29 - August 17

Program Overview:

The goal of the Counselor In Training (CIT) program is to provide opportunities for participants to develop their skills as a camp counselor and leader at YMCA Camp Icaghowan. The CIT Program is designed for program participants to spend time in their first week shadowing and leading programming. They will then go to Camp Menogyn for a week long canoe excursion to gain continual knowledge of outdoor skills as well as explore a sister camp property. The last week will be spent being paired with a cabin group along with other summer camp staff. CIT's will attend specialized training sessions pertaining to safety practices, behavioral management techniques and program development. They also will have opportunities to lead all camp activities. This program provides opportunities for constant feedback and individualized training for those interested in becoming a future camp counselor.

What CIT's will do:

- Be mentored by assigned counselors as well as the Teen Leadership Coordinator
- Receive activity training including, but not limited to: target sports, canoeing, outdoor survival, song leading, arts and crafts, and team building
- Be given opportunities to lead all camp activities
- Learn about safety and risk management
- Learn camper behavioral management
- Learn about different staff roles and assist in various positions around camp
- Go to Camp Menogyn for a canoe trip in the Boundary Waters
- Be assigned to a cabin group where you will assist with the leadership and guidance of campers.

The CIT program includes programming on both weekends. One weekend exploring sister camp YMCA Camp Menogyn in the Minnesota Boundary Waters Canoe Area Wilderness. Their second weekend will be spent out of camp at one of the lovely State Parks in the area.

Counselor In Training Participants are:

- **17 years old**
- **Required to adhere to a daily schedule**
- **Responsible for interpreting the rules, policies and traditions of Camp Icaghowan to campers**
- **Required to have a “Camper Focused” vision and place the campers safety and camp experience first**
- **Required to have interest in, concern for, and the ability to work with children as well as understand them**
- **Responsible for motivating camper participation in camp programs, cabin activities and meals**
- **Must encourage a fun, positive, and safe environment within the parameters of the YMCA Mission**
- **Required to assist in service projects around camp**
- **Motivated to participate in training sessions and accept feedback positively**

To be considered for this program

1. A completed application must be submitted no later than February 20, 2018; however, we encourage participants to apply as early as December
2. Qualified candidates will be invited to interview following submission of a completed application
3. If selected, acceptance of the program must be reported within 7 days. Payment of the program fee is required within 30 days of notification of acceptance

CIT Expectations and Understandings

CIT's are expected to adhere to all rules, policies, and regulations of the CIT program and YMCA Camp Icaghowan. They are required to be positive role models and be able to receive feedback in a positive manner. Inability to do so may result in dismissal from the program. Completion of the CIT program does not guarantee that participants will be hired as staff members at YMCA Camp Icaghowan